



The Spyderco Martial Blade Craft (MBC) training program is a comprehensive personal-protection system that provides responsible, ethical self-defense solutions. Although MBC training is focused largely on the defensive use of the knife, the ultimate goal of the program is to help you develop "all-purpose" defensive skills. Rather than learning numerous techniques to defend against specific attacks, MBC focuses on perfecting a few proven techniques and learning how to apply them to literally hundreds of different defensive situations. Through this easy-to-learn method, students develop defensive proficiency very quickly and have both the ability and the confidence to employ their skills after only a brief period of training.

The MBC curriculum emphasizes concepts of tactical awareness, avoidance, and de-escalation. By combining these concepts with the broad range of physical skills presented in the class, MBC becomes a comprehensive, all-purpose self-protection system that is both legally and morally sound.

The MBC system was developed by Michael Janich, a noted author and instructor with more than 25 years of experience in the martial arts and a 15-year career in the U.S. intelligence community. It is comprised of four levels of training, each specifically tailored to meet the needs of today's armed professional and concerned civilian.

MBC Level 1

Spyderco's MBC Level 1 Course introduces you to the fundamental skills and concepts of defensive knife use. You will receive detailed, hands-on instruction in the following areas:

- **Martial knife grips**
- **Angles of attack**
- **Ballistic cutting and thrusting tactics**
- **The use of natural body weapons in conjunction with the knife**
- **The proven "Zone Defense" system that enables a practitioner to effectively defend himself against hundreds of different attacks by mastering a few basic defensive movements.**
- **Reflex training drills that quickly develop spontaneous defensive reactions**
- **Critical defensive applications**
- **Inside tips on defensive knife selection and evaluation**
- **Secrets of tactical folding knife carry and deployment**
- **High-speed one-handed opening techniques**

You will be amazed at how easily you learn the system and how quickly you develop usable skills. Tuition for Level 1 includes eight hours of hands-on training, a free Spyderco training knife (a \$70.00 value) and a pair of wrist guards.

MBC Level 2

The MBC Level 2 Course builds upon the foundation of knowledge and skills established in Level 1. In addition you will be introduced to advanced standard-grip training methods and learn the tactical and physiological secrets of quickly disabling an armed attacker with a knife. This course includes targeted instruction in the following topics:

- Advanced training drills to develop conditioned defensive reflexes for virtually any type of attack
- Advanced combative applications
- Coordinating empty-hand striking and "live hand" checking with the defensive use of the knife
- "Speed Stops" - high-speed, fight-stopping tactics that will enable you to quickly, humanely and legally end a fight with an edged weapon
- Combination cutting and the concept of cutting on retraction
- "Speed strips" and spontaneous weapon disarming

Level 2 is offered separately or as the second day of a two-day weekend course. It is also an eight-hour block of instruction and hands-on training. With the completion of Level 2 you will receive a live knife to match your training knife.

MBC Level 3

The focus of the MBC Level 3 Course is high-speed, close-quarters knife tactics and the use of the reverse grip. These advanced techniques and reflex training drills develop the ability to defend yourself effectively at extremely close ranges and in confined spaces. The body mechanics of reverse-grip tactics will also help you expand your knowledge and application of standard-grip knife skills. In the Level 3 course you will learn:

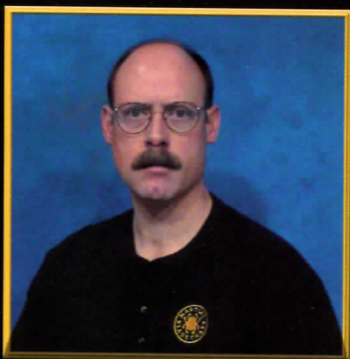
- Advanced live-hand checking skills and fundamental unarmed threat-management techniques
- Advantages and disadvantages of the reverse grip
- The tactics, leverage, and timing of extreme close-quarters knife use
- Reverse-grip partner training drills to develop conditioned defensive reflexes
- Hooking, redirecting and trapping with the reverse-grip
- Applied defensive tactics with the reverse-grip
- Reverse-grip defenses from disadvantaged positions
- Applying reverse-grip tactics to standard-grip defensive techniques

Completion of MBC Levels 1 and 2 is a prerequisite for participation in Level 3. This is an advanced course that will take your skills and understanding to a much higher level.

MBC Level 4

The MBC Level 4 Course puts it all together, creating a complete defensive system that combines the lessons of Levels 1-3 with advanced instruction in knife deployment and unarmed threat-management techniques. You will learn how to use the reflexive skills developed in levels 1-3 as a basis for effective unarmed defenses against all types of weapon attacks. These immediate responses are then integrated with high-speed knife deployment techniques to provide an immediate escalation from empty-hand tactics to the use of the knife as an impact weapon, and finally to the use of the knife's blade. This course also presents rarely seen instruction in defensive knife tactics from disadvantaged positions, including the use of the knife in grappling situations. The topics covered in this course include:

- Practical unarmed threat-management skills drawn from knife tactics
- Unarmed knife disarming tactics and knife disarms with improvised weapons
- High-speed knife deployment tactics
- Bridging from unarmed tactics to the deployment and use of the knife
- Knife defenses from disadvantaged positions (mugging, grappling, carjacking)



Michael Janich has studied and taught self-defense and the martial arts for more that 25 years. A certified instructor in American Self-Protection, Filipino Serrada Eskrima, and Datu Kelly S. Worden's Natural Spirit, he has also trained extensively in a variety of other martial arts forms. Janich is one of the foremost modern authorities on handgun point shooting and one of the few contemporary instructors to have personally trained with the late close-combat legend Col. Rex Applegate.

A decorated U.S. Army veteran and former Intelligence Officer of the Defense Intelligence Agency (DIA), Janich is the author of *Blowguns: The Breath of Death*, *Knife Fighting: A Practical Course*, *Street Steel: Choosing and Carrying Self-Defense Knives*, and *The Mook Jong Construction Manual*, and along with the late Col. Rex Applegate, co-authored *Bullseyes Don't Shoot Back: The Complete Textbook of Point Shooting for Close Quarters Combat*. To date, Janich has been featured in nine instructional videotapes on edged-weapon tactics and exotic weapons and has demonstrated his skills on national television. He has been published in numerous magazines and newsletters and is a contributing editor to *Tactical Knives* magazine.

Here's what some of our students have to say about MBC.

"If you have been considering attending MBC classes with Michael Janich, then stop thinking and do it!" - T.B. Ft. Collins, CO

"The class is exceptionally good. Mr. Janich presents the material in an easily learned format. He is an excellent instructor who is truly dedicated to helping the student succeed. This is a must-go-to class. - W.B., Colorado Springs, CO

The cost of each Level is \$200.00, or you can attend two Levels in a weekend for just \$350.00. Each Level is an eight-hour class including a continental breakfast and a catered lunch. Unless otherwise listed, all classes are conducted at our headquarters in Golden, Colorado. Advanced registration and a \$100.00 deposit are required for each course. Cancellations 10 days prior to scheduled class will receive a full refund. No deposit refunds will be given for cancellations within 10 days of the scheduled class.

To register please call 800-828-1925 #106 or complete the application below and mail to:
MBC, SFO • 4565 N. Hwy 93 • Golden, CO 80403

Checks should be made out to Spyderco.

Name: _____

Address: _____

City/State/Zip: _____

Daytime Phone #: _____

☐ Check ☐ Visa ☐ MC ☐ AMEX ☐ DISC

_____ Exp. _____

Signature: _____

Thank You Spydercollection.com

MBC, SFO
4565 N. Hwy 93
Golden, CO 80403

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